



LIMPOPO
PROVINCIAL GOVERNMENT
REPUBLIC OF SOUTH AFRICA

DEPARTMENT OF
SOCIAL DEVELOPMENT

SESHEGO TREATMENT CENTRE

Admission criteria

- All admission at the centre will be done after the service users' pre-existing psychiatric and medical conditions has been stabilized at the hospital.
- Before admission all service users should have their home circumstantial, medical doctor reports (from the hospital) compiled and submitted by their local area Social Workers.
- On admission day service user must be escorted by their parents/guardians/relatives and referring social worker, with the exceptions of involuntary service users.
- The local Social Worker should provide a release address of the service user which will be utilized at the completion of the treatment programme or on discharge.
- The centre will admit adults only, irrespective of gender.
- People to be admitted at the centre should be able to communicate in one of the official languages as prescribed in the Constitution of the RSA.
- Should the service user be on chronic medication, enough supply (twelve weeks supply) must accompany them on admission?
- Any chronic medication for the service user should be handed in on admission and such will be administered by the Nursing staff.

- Service user will only be considered for re-admission twice after the initial admission
(all re-admission shall follow the whole admission process).
- The service user should be in a reasonably good medical and psychological condition which will enable them to participate in any centre activities.
- Moderate or Severe Substance Use Disorder should be the primary diagnosis.
- Persons with serious life-threatening illness which will require an excessive time away from the treatment centre and further require regular emergency intervention may not be considered for admission.
- Admissions will take place on **Wednesdays** between 8 am to 1 pm after confirmation of the appointment with the referring social worker
- No admissions without prior arrangements.
- **Pregnant women who are on second trimester will be admitted (first and second trimester has many health risks challenges when withdrawing from drugs and that can be well managed at the hospitals).**
- Persons over the age of 60 will have to be detoxed prior to admission to the centre due to health risks related to aging.

1. Admission processes

- When the problem has been identified: Service user/family should contact local/area Social Workers/ Employee Assistance Program (EAP) for assistance
- Then the social worker/ EAP will conduct screening to determine the extent of the problem.
- An assessment will be done by the Social worker/EAP in order to compile an assessment report and draft an individual development plan.
- The Social worker/EAP will compile a psychosocial report, Social worker/EAP will also provide the service user with the medical forms to be

completed by the state doctor at the public hospitals.(This form should only be completed after notification by the treatment centre)

- After all the documents has been compiled then application is sent to Seshego Treatment Centre
- All applications to the Centre will be screened by the multidisciplinary team to see if the service user would benefit from the treatment programme.
- The referring Social Worker/EAP will be informed to complete the medical and do blood tests.
- The date of admission will be communicated with the referring social worker /EAP
- On admission the service user will start with Detoxification in the STC for a period of a week
- Then Service user will undergo 11 week rehabilitation programme at the STC
- After discharge the service user continue with aftercare services with the referring Social Worker for the period of 1 year (12 Months)
- Relapse: application should be made for readmission through the local/area Social Workers/ Employee Assistance Program (EAP)

TABLE BELOW OUTLINE A SUMMARY OF ADMISSION STEPS

